Health care can cost less, depending on where you go

Save money <u>and</u> time by choosing the best in-network option for your situation.

	Your regular doctor	24/7 virtual care	Urgent care	Emergency room
Where to go if you have or need...	**Minor illness or injury,** checkup or immunization	**Minor illness or injury** or a checkup Use a smartphone, tablet or computer for 24/7 care	**Fast treatment of a non-life-threatening injury or illness** like cuts or sprains	**Immediate treatment of life-threatening illnesses, injuries or critical conditions**
Average wait	31 days to get an appointment	10 minutes or less for physical health conditions	20 minutes or less	2+ hours
It helps to know...	If you don't have a regular doctor, access a virtual provider	You can get certain types of medications in some states. Confidential behavioral care is also available.	Convenient care clinics are often located in pharmacies, grocery stores and other retail locations	Freestanding ERs aren't attached to a hospital and may not be considered in-network so check before you go.
Enrolled in the PPO plan?	$35 copay for a primary care visit and $50 for a specialist visit	$0 when you register on teladochealth.com	$75 copay per visit	$200 copay + deductible ($1,000 per individual) and 30% coinsurance until you reach your out-of-pocket maximum
Enrolled in the HSA plan?	You'll pay the full cost until you meet your deductible. You'll then pay 30% coinsurance until you reach your out-of-pocket maximum.	$54 or less on teladochealth.com	Deductible + 30% coinsurance until you reach your out-of-pocket maximum	Deductible + 30% coinsurance until you reach your out-of-pocket maximum
Enrolled in the BCBS plan?	$40 copay for a primary care or a specialist visit	$40 copay with Doctor on Demand on doctorondemand.com/alabama	$35 copay per visit	$200 copay per visit.
Where to find network care	• myuhc.com (PPO & HSA) • bcbsal.org • teladochealth.com	• myuhc.com (PPO & HSA) • bcbsal.org • teladochealth.com	• myuhc.com (PPO & HSA) • bcbsal.org	• myuhc.com (PPO & HSA) • bcbsal.org